

New St John Ambulance courses for businesses which meet new HSE first aid regulation changes

On 1 October 2009 the new Health & Safety Executive (HSE) first aid regulations will come into effect. As the UK's leading first aid organisation, St John Ambulance has been involved in the consultation process leading up to these changes. This means they are perfectly placed to explain the new rules and their implications for your business and provide the practical training you need to comply.

Their new first aid courses, which will help you meet your legal requirements under the new regulations, include:

1. The three day **First aid at work course**.
This is the most comprehensive first aid course employees can complete and it covers those emergency situations that recent research shows employees could face in the modern, higher risk working environment.
2. The one day **Emergency first aid at work course**.
Here, students will learn all those essential first aid topics to help them deal with emergency situations in lower risk environments.

Students who successfully complete the above courses, and the St John Ambulance First aid at work requalification course, receive a HSE-approved certificate which is valid for three years. They will also be protected by the St John Ambulance Associate Membership Insurance for the duration of their certificate.

3. The three hour **Annual refresher course** - which the HSE strongly recommends all first aiders take to prevent skills fade.
During this course students can practise their first aid skills in realistic and relevant workplace emergency situations and upon completion will be awarded a certificate of attendance.

All St John Ambulance courses are fully HSE compliant and have ISO 9001:2000 and SAFEcontractor accreditation. Their qualified, professional trainers combine the latest medical techniques with real-world experience to ensure first aid students have the confidence and capacity to deal with emergency situations in the workplace.

For more information download their new e-brochure at www.sja.org.uk/brochure or visit the St John Ambulance stand, 154, at Health & Safety 09 - North.

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For further information contact Stephanie Littler, St John Ambulance Commercial Training Division North West on 01244 383407 option 4, email: marketing@cheshire.sja.org.uk
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